This is a comprehensive guide to the NCAA tournament, including a history of March Madness, select individual, team and coaching records. One Shining Moment, the anthem of March Madness, was first aired following the NCAA men’s basketball tournament in 1987. It was initially scheduled to run after Super Bowl XXI but the game coverage ran long. Believe it or not, the NIT (1938) was actually founded before the NCAA tournament. The NIT field is now usually made up of teams that miss the NCAA tournament. UMBC owns the biggest upset in March Madness history, becoming the first 16-seed to win against a 1-seed. The Retrievers beat No. 1 Virginia 74-54 in 2018. Duke owns the largest comeback and second-largest lead blown in NCAA tournament. The history of basketball began with its invention in 1891 in Springfield, Massachusetts by Canadian physical education instructor James Naismith as a less injury-prone sport than football. Naismith was a 31-year-old graduate student when he created the indoor sport to keep athletes indoors during the winters. The game became established fairly quickly and grew very popular as the 20th century progressed, first in America and then in other parts of the world. After basketball became established in 2020 NCAA Tournament. Tournament cancelled because of COVID-19 pandemic. 2019 NCAA Tournament. Virginia. Kyle Guy. 2019 NIT. Texas. Dylan Osetkowski. 1946 NCAA Tournament. Oklahoma State. Bob Kurland. 1946 NIT. Kentucky. Ernest Calverley. 1945 NCAA Tournament.